

# Zoe Eves-Cowell Myotherapy & Dry Needling. Health History/Consent Form

Name \_\_\_\_\_ DOB \_\_\_\_\_ Phone \_\_\_\_\_  
Address \_\_\_\_\_ Post code \_\_\_\_\_ State \_\_\_\_\_  
Occupation \_\_\_\_\_ Email \_\_\_\_\_  
Emergency Contact \_\_\_\_\_ Relationship \_\_\_\_\_ Phone \_\_\_\_\_  
How did you hear about us \_\_\_\_\_

## Medical Information

Are you taking any medications?  yes  no  
If yes, please list name and use: \_\_\_\_\_  
\_\_\_\_\_  
Ladies are you currently pregnant?  yes  no  
If yes, how far along? \_\_\_\_\_  
Any high-risk factors? \_\_\_\_\_  
Do currently suffer from pain?  yes  no  
If yes, please explain \_\_\_\_\_  
Have you had any injuries Past/present?  yes  no  
If yes, please list: \_\_\_\_\_  
\_\_\_\_\_

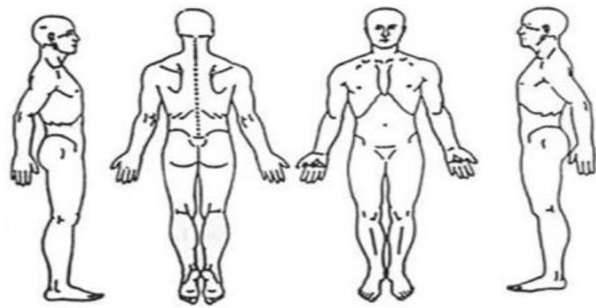
Please indicate any of the following that apply to you.

- |  |   |
|--|---|
| <input type="checkbox"/> Cancer                  | <input type="checkbox"/> Fibromyalgia       |
| <input type="checkbox"/> Headaches/Migraines     | <input type="checkbox"/> Stroke             |
| <input type="checkbox"/> Arthritis (OA or RA)    | <input type="checkbox"/> Heart Attack       |
| <input type="checkbox"/> Diabetes T1 or T2       | <input type="checkbox"/> Kidney Dysfunction |
| <input type="checkbox"/> Joint Replacement(s)    | <input type="checkbox"/> Blood Clots        |
| <input type="checkbox"/> High/Low Blood Pressure | <input type="checkbox"/> Numbness           |
| <input type="checkbox"/> Neuropathy              | <input type="checkbox"/> Sprains or Strains |
- Explain any conditions you have/have not marked above  
\_\_\_\_\_

## Treatment Information

Do you have any allergies or sensitivities?  yes  no  
Please explain \_\_\_\_\_  
Are there any areas (feet, face, abdomen, etc.) you do not want treated?  yes  no  
Please explain \_\_\_\_\_  
What are your reasons for seeking treatment?  
\_\_\_\_\_  
\_\_\_\_\_

Please indicate/circle any areas of current discomfort



Use space below for any additional information  
\_\_\_\_\_  
\_\_\_\_\_

*By signing below, you agree to the following.*

*I have completed this form to the best of my ability and knowledge and agree to inform my therapist if any of the above information changes at any time.*

Client Signature \_\_\_\_\_ Date \_\_\_\_\_

*If you're under the age of 18 or unable legally to consent, your parent/guardian must sign and date the new client form.*

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_